

Washington Institute of Sports Medicine

12707 120th Avenue, NE, Suite 100

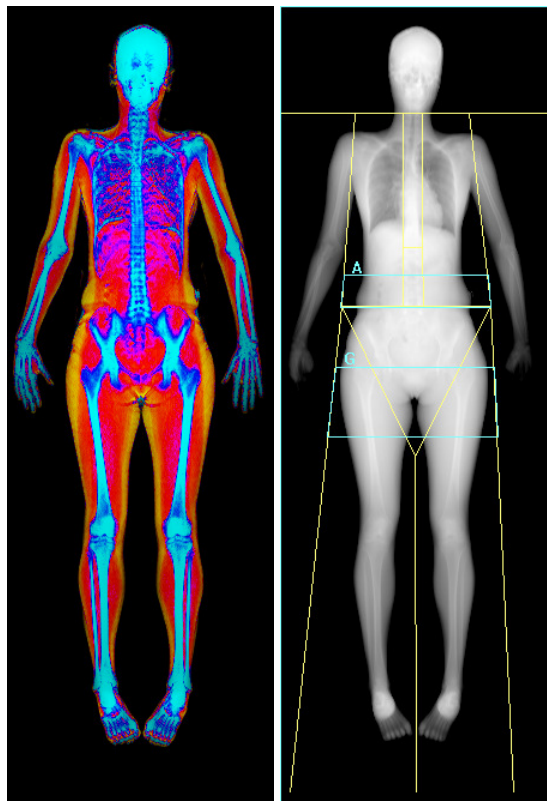
Kirkland, WA 98034

Telephone: (425) 820-2110

E-Mail: info@washington-institute.com

Fax: (425) 820-2111

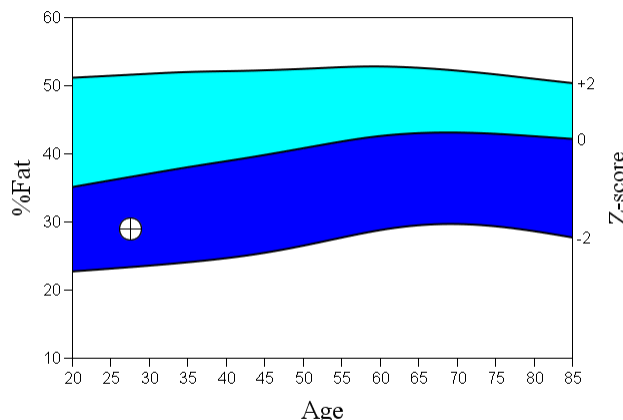
Name: Sample 1	Sex: Female	Height: 65.0 in
Patient ID:	Ethnicity: White	Weight: 115.2 lb
DOB: November 24, 1983		Age: 27



Images not for diagnostic use

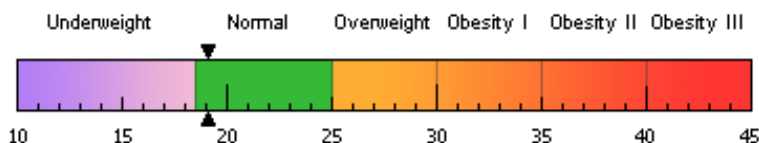


Total Body % Fat



Source: 2008 NHANES White Female

World Health Organization Body Mass Index Classification
BMI = 19.2 WHO Classification Normal



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related risks.

Body Composition Results

Region	Fat Mass (g)	Lean+ BMC (g)	Total Mass (g)	% Fat	%Fat Percentile YN	AM
L Arm	706	1450	2155	32.7		
R Arm	840	1534	2375	35.4		
Trunk	6457	19128	25584	25.2		
L Leg	2987	5910	8898	33.6		
R Leg	3241	6049	9290	34.9		
Subtotal	14231	34070	48302	29.5		
Head	858	2953	3811	22.5		
Total	15089	37023	52113	29.0	15	14
Android (A)	949	2624	3573	26.6		
Gynoid (G)	3166	5619	8785	36.0		

Scan Date: June 17, 2011 ID: A06171105
 Scan Type: a Whole Body
 Analysis: June 17, 2011 09:06 Version 13.3
 Auto Whole Body

Operator: Grace
 Model: Discovery W (S/N 85565)
 Comment:

Adipose Indices

Measure	Result	Percentile	
		YN	AM
Total Body % Fat	29.0	15	14
Fat Mass/Height ² (kg/m ²)	5.54	12	11
Android/Gynoid Ratio	0.74		
% Fat Trunk/% Fat Legs	0.74	38	35
Trunk/Limb Fat Mass Ratio	0.83	56	52

Lean + BMC Indices

Measure	Result	Percentile	
		YN	AM
(Lean + BMC)/Height ² (kg/m ²)	13.6	10	9
Appen. (Lean + BMC)/Height ² (kg/m ²)	5.48	6	6

YN = Young Normal
 AM = Age Matched